




Franklin Public Schools STUDENT MENTAL HEALTH RESOURCES

Social -Emotional Learning

Franklin Public Schools comprehensive SEL website was launched this year, with a focus on informing and educating families, teachers and students of SEL resources.

We continue to support social and emotional learning (SEL) by developing strategies and teaching practices to enable each student to acquire the knowledge, attitudes, and skills associated with the five CASEL SEL competencies.

To accomplish this, we are creating a "Focus of the Month", and are encouraging all to participate. Our November /December focus was on Self- Awareness. Our current focus for the months of January and February is on Self-Management. You can access this information by visiting our website, where you will find links to current and future areas of focus, or by clicking the available links.



**Franklin Public Schools
Social-Emotional Learning**

Focus of the Month

"The Franklin Public School District is an inclusive and respectful learning community committed to developing individuals who are kind, healthy, empathetic and resilient."

Click above to enter our SEL site or visit us at:
<https://sites.google.com/franklinps.net/sel/home>



Self-Awareness



Self-Management

Click [HERE](#) to watch Franklin Public School's SEL video

<https://www.youtube.com/watch?v=HORY1n3hHVI&feature=youtu.be>

WHAT IS SOCIAL- EMOTIONAL LEARNING (SEL) ?



© CASEL 2017

Social and emotional learning (SEL) is the process through which children and adults acquire and effectively:

- * Apply the knowledge, attitudes, and skills necessary to understand and manage emotions
- * Set and achieve positive goals
- * Feel and show empathy for others
- * Establish and maintain positive relationships
- * Make responsible decisions.



Franklin Public Schools REFERRAL SERVICE



WILLIAM JAMES
COLLEGE
INTERFACE Referral Service

William James College INTERFACE Referral Service

William James INTERFACE provides all members of the Franklin Community with free and confidential mental health referrals. This service helps to facilitate connections to work through barriers to access mental health and wellness care for children, families, and adults. This free and confidential service is available to any Franklin resident.

Website - <https://interface.williamjames.edu/community/franklin>

Callers from Franklin will work with a Resource and Referral Counselor available Monday through Friday from 9:00 AM-5:00 PM to provide referrals through the INTERFACE Helpline. They will help our students and families navigate the challenges of finding mental health services.

**HELPLINE:
888-244-6843**

(Toll Free)

Monday - Friday 9am - 5pm

Each caller will be assigned a lead counselor who will match them with licensed mental health providers from an extensive database, and each referral meets the location, insurance, and special needs of the caller.

For more information, visit the William James INTERFACE Referral Service website to learn more about anxiety, depression, divorce, substance abuse, suicide and much more at <https://interface.williamjames.edu/community/franklin>. The site aims to increase awareness of mental health issues impacting children, families, and adults and to facilitate access to appropriate services. Information includes articles written by members of their staff and/or content experts in the field. The articles, resources, and mental health providers included in our database are “vetted” and reviewed by the Leadership and Advisory Board before being added to the web site or database.

Read the one-page flyer about the William James INTERFACE ® Referral Service and What to Expect When You Call the Helpline, available in **English, Spanish, Haitian-Creole, Chinese, and Portuguese**. (All are available on site listed/linked above)

www.franklinps.net



Franklin Public Schools

MENTAL HEALTH RESOURCES

Contact Information

Emergency Services:

Riverside Emergency Services
32 Hamilton St. Milford, MA
508-634-3420

Milford Regional Medical Center
508-473-1190 general info
Remember to call 911 for emergency assistance

Outpatient Counseling Resources:
Most websites will provide hours of operation and insurance information
Primary Care Physicians and Insurance Providers will be able to identify counseling agencies

Arbour Counseling Services
<http://www.arbourhealth.com/>
Franklin-(508) 528-6037

Transitions Counseling Service
<http://transitionscounselinginc.com/>
Franklin/Norfolk-(781) 742-4515

Milford-Franklin Counseling Services, Inc
<http://www.milfordfranklincounseling.com/>
Milford-(508) 473-7400

Riverside Community Care
<http://www.riversideecc.org/>
Upton-(508) 529-3501,
Bellingham-(508) 883-1308, and
Norwood-(508) 440-0391

Wayside Youth and Family Support Network
www.waysideyouth.org/
Milford-(508) 478-6888
Framingham-(508) 879-9800

Thriveworks
<https://thriveworks.com/franklin-counseling/>
Franklin-(617) 360-7210

Family Continuity
<http://www.familycontinuity.org/>
Whitinsville-(508) 234-4181

Community Impact Inc.
www.community-impact-inc.com
Milford-(508) 422-0242

Integrated Psychotherapy
www.integratedpsychotherapy.com
Mendon-(508) 473-1200

Tri-Valley Counseling Associates
Milford-(508) 473-4984