

## *Clinical Services*

HY&FS offers an extensive menu of services and intervention methods to meet the needs of children, adults, and families impacted by a variety of different experiences. Our innovative treatment honors our clients strengths, and attends to core components of health and wellness. We specialize in the assessment and treatment of a variety of different circumstances.

To speak with a member of our clinical assessment team contact 508-429-0620



*Holliston* Massachusetts



Located at 1750 Washington Street, the office is handicap accessible, and accessible by rail trail.

For directions please call or visit our website.

Hours: We are open Monday to Friday, and offer flexible scheduling which includes evening appointments, and Saturdays per staff availability.



YOUTH AND FAMILY SERVICES

1750 Washington St, Holliston, MA 01746

(508)429-0620

[www.townofholliston.us/youth-and-family-services](http://www.townofholliston.us/youth-and-family-services)

## *Mission*

THE MISSION OF HOLLISTON YOUTH AND FAMILY SERVICES IS TO ASSESS THE NEEDS OF THE COMMUNITY AND THROUGH A COLLABORATIVE APPROACH, PROVIDE MENTAL HEALTH RESOURCES TO THE TOWN OF HOLLISTON.



**HOLLISTON YOUTH AND  
FAMILY SERVICES**

STRENGTHEN | SUPPORT | SUCCEED

[WWW.TOWNOFHOLLISTON.US/YOUTH-AND-FAMILY-SERVICES](http://WWW.TOWNOFHOLLISTON.US/YOUTH-AND-FAMILY-SERVICES)





## Specialized Services

### Court Diversion

HY&FS partners with the Middlesex District Attorney's office to provide young adults a second chance, and an alternative to prosecution. Participation in the court diversion program allows a youth to participate in a remedial program, community service, and groups focused on decision making skills, substance use, and personal values.

The program aims to:

- Foster personal responsibility, and consequences;
- Educate and reform;
- Prevent future criminal conduct; and
- Keep youth out of the criminal justice system

# STRENGTHEN|SUPPORT|SUCCEED

*"Collaboration between Holliston Youth and Family Services and the Holliston Public Schools is an essential ingredient in our efforts to serve the students of Holliston and their families. Working together we're able to bridge the gaps in service and in information that can lead to negative results"*

-Brad Jackson, Superintendent of Holliston Public Schools



### INDIVIDUAL OR FAMILY ASSESSMENT & COUNSELING SERVICES:

We provide a full spectrum of assessment services to address a variety of referral questions for all ages. Our relationship with our clients begins with the first phone call. Once a parent calls the agency to request services, our clinical staff will identify the child and family's specific needs and schedule an intake.



To speak with a clinician call 508-429-0620

### GROUP COUNSELING & GROUP PROGRAMS :

We offer drop-in programs for youth, and parents, educational and skill building groups, DBT, CBT, and speciality groups to address our clients needs.



### COMMUNITY EDUCATION & PREVENTION PROGRAMS:

Collaboration across departments, and within the community is vital to a strong community. We believe working together with the community and other systems ensures our interests are aligned and centered around a common goal.



Strong Families Make Strong Communities